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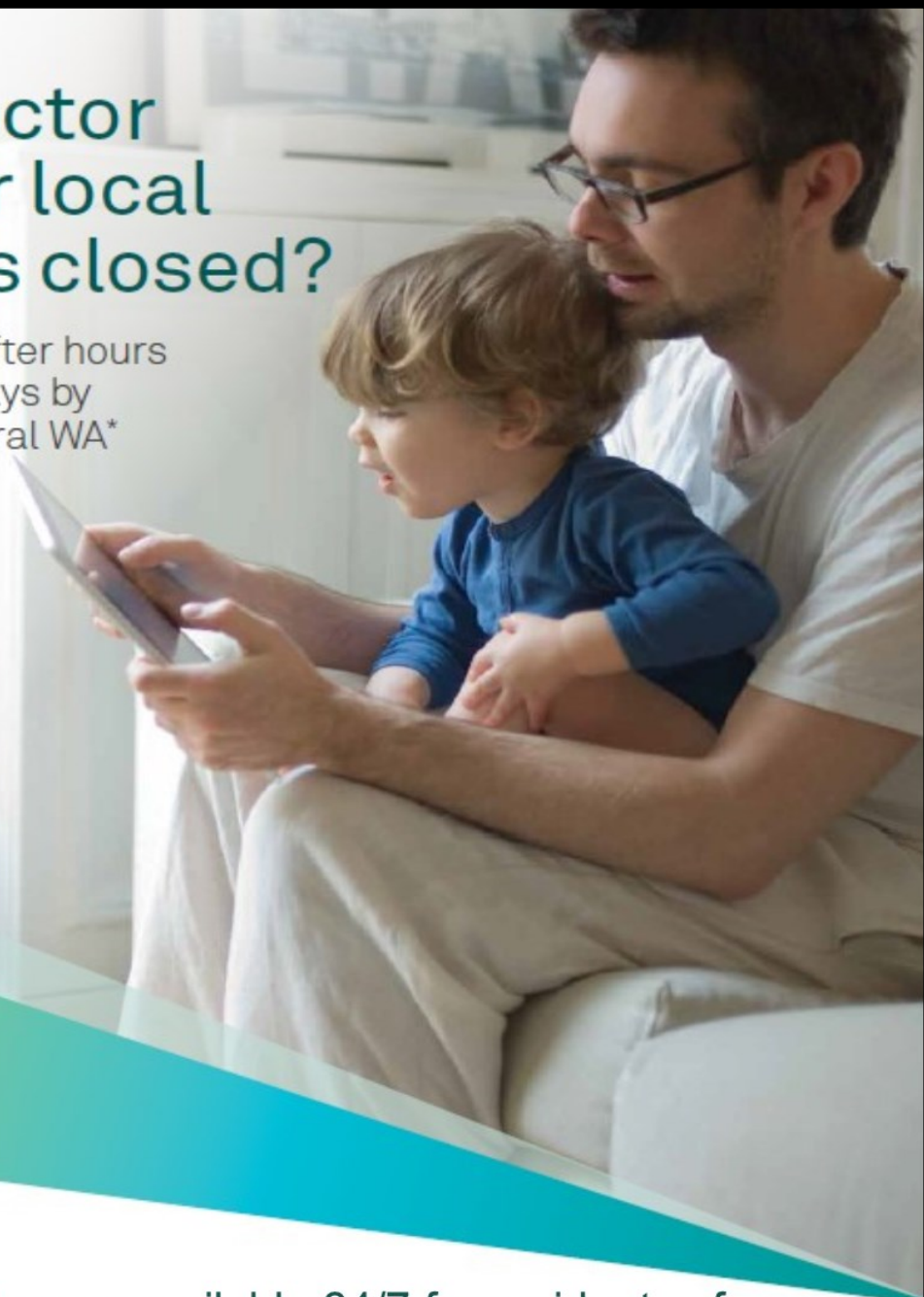
Yakabout

Issue No 190 Date 14th April 2020

\$1.00

Need a doctor when your local practice is closed?

Access to doctors after hours
and all public holidays by
phone or video in rural WA*



Call A Doc is now available 24/7 for residents of
Three Springs, Carnamah and Coorow.

1800 CALL A DOC

Find out more

☎ 1800 CALL A DOC (1800 225 523)

🌐 1800calladoc.com.au



The 1800 CALL A DOC service has been made possible by WA Primary Health Alliance through funding provided by the Australian Government under the PHN Program.

* This after hours service is available to specific postcodes in rural WA and is available 24/7 in some areas, to check your eligibility visit 1800calladoc.com.au or call 1800CallADoc. In case of emergency, call 000

SHIRE OF THREE SPRINGS



Due to the Coronavirus 2019(Covid-19)

pandemic, the

Shire of Three Springs

wishes to advise our clients that the

Shire Administration Centre

will be closed

to public foot traffic

from 4pm Wednesday **1st April 2020.**

Services will continue by appointment, from

8am 2nd April 2020.

Pay your vehicle licence (rego)

You can pay for your vehicle licence (rego) online, including through your DoTDirect online account.

To make a payment, enter the account number without spaces, as printed at the bottom right hand corner of your account.

If you don't have an account number, you can look up your account using your driver's licence or vehicle plate number.

For additional payment methods, including registration for an online DoTDirect account, visit the [Department of Transport website](#).

Next Page– Frequently asked questions



President's Message - 9 April 2020

In some aspects life is changing rapidly, however the cycle of farming is remaining the same as we prepare for seeding. For some, this means that the impact of COVID-19 on our lives is lessened as we move through the seasons. With this said, it is still vitally important to remember that we obey the social distancing and restricted travel movements.

Easter: is normally the time when we take a break and spend time with our family. This year we will have to do things slightly different. I am aware that for many people this normally means a trip to the coast camping, boating and fishing, but this year we all need to stay at home. This does not mean that we can't camp - backyards are still available, or for those of us who live on farms, perhaps out in a paddock. Whatever you do, please stay in your immediate family groups, do not invite friends or family around. Social distancing rules still apply - no more than 2 people in a group unless you share a residence. I am pleased to say that CAG have found an inventive way to have the Easter Bunny distribute eggs to the children of the town on Sunday, so stand in your front yard between 10am - 11am and listen for the siren. Thank you CAG for endeavouring to bring joy to our community.

Doctor: On a positive note, Three Springs Shire has been working closely with Rural Health West to get the 1800 CALL A DOC (1800 225 523) available for the residents in the Shires of Three Springs, Carnamah and Coorow. This service is a free telehealth service that provides diagnosis, prescriptions, referrals, care and treatment. Since we do not have a GP, this service will be invaluable to the community whilst we continue to source a permanent GP.

Restricted Burning: Please remember that the restricted burning period has been extended to 30 April this year, so if you are planning on burning either on farm or in town, ring the Shire Admin Centre for a permit. They can be issued via the phone, with the original being emailed and mailed out. Admin staff are still working, but if you require face to face service please call 9954 1001 and make an

appointment. Yakabout is still being produced, and DoT services, including licencing are available.

Council: is still meeting, albeit remotely. As per normal, agendas and minutes are on our website. The difference is that if the public have any questions, these will have to be emailed through by 2pm on the day of the meeting.

Mental Health: Stress, depression and anxiety are things we need to keep an eye on within our families and friends, so take the time to call a friend and have a cuppa with them. Just because they are on the phone doesn't mean you can't spend time with them. Social connections are still important, and help us to maintain good mental health. Go for a walk, talk to a friend, read a book - take time for you. And most importantly be patient, be kind.

Wishing you all a safe and happy Easter.

Cr Chris Lane



President's Message - 2 April 2020 6pm

This past week has seen many changes in our community as we prepare ourselves for the impact of COVID-19. State and Federal Government directives have influenced how everyone lives their lives, and while some of the changes are hard to accept, we must if we want to overcome these difficult times.

Tonight, Council held its first ever Special Council eMeeting, via video-conferencing. The meeting was convened for Council to consider a COVID-19 Relief package, which includes:

- Transferring \$210,000 from the drainage reserve account into the new COVID-19 account

- In advance, under the Local Government Act, unbudgeted expenditure for the provision of support to the local community

- Developing a budget for 2020/2021 based on a zero rate rise and non-regulatory fees increase, excluding commercial and domestic waste services

- The waiving of all non-regulatory Shire fees and charges from 2 April to 30 June

- Waiving of penalty interest charges on outstanding rates from 2 April to 30 June

- Flexible payment plans for those in vulnerable situations or experiencing financial hardship from 30 March 2020

- Refund 2019/2020 Shire property and insurance fees and charges to Sporting and Community Clubs

- Waiving of the 2020/2021 Shire property and insurance fees and charges to Sporting and Community Clubs

- The Deputy Chief Executive Officer will be appointed as the Chief Executive Officer should the Chief Executive Officer become unavailable due to COVID-19

- Shire staff to undertake non-typical activities to support the emergency services, critical services, the elderly and the Neighbour to Neighbour Project.

I am pleased to say that this passed through Council with an Absolute Majority.

The Shire of Three Springs, working with Three Springs Community Action Group, created the 'Neighbour to Neighbour' project to put vulnerable members of the community in touch with volunteers, who will assist them with shopping, walking dogs, mail collection and more. Shire developed, printed and mailed out forms to all the community. If you still want to participate as a volunteer or need but have not returned the form, please contact our Community Development Officer on 9954 1001.

On the Shire website a [page](#) has been created, linking relevant government sites to provide up to date information for community members. I strongly urge you to visit the page and see what support and information is available to you.

In line with directives from State and Federal Governments, Shire has closed all public facilities, including the hall, pavilion, aquatic centre, some public toilets, all the playgrounds as well as the eco caravan park. We have implemented working from home for some Admin staff, and travel arrangements for the outside crew. The Admin Centre has been closed to public foot traffic, but you can make an appointment by calling 9954 1001 or emailing general@threesprings.wa.gov.au

With strong leadership and level heads, we will get through this. Remember, we are all in this together, and by looking out for one another we will survive. Be patient, be kind.

Cr Chris Lane



Shire of Three Springs

Office Hours: Monday to Friday

By Appointment only (until further notice) 2nd April 2020

132 Railway Road, Three Springs WA 6519

PO Box 117, Three Springs WA 6519

Telephone: 08 9954 1001 Fax: 08 9954 1183

Email: admin@threesprings.wa.gov.au

www.threesprings.wa.gov.au

Services offered:

Department of Transport Licensing

Dog and Cat Licensing, Boat Licensing

Photocopying Service

Ranger and Emergency Services

Shredded paper available @Shire of Three Springs

Also based at the Shire Offices on a part time basis:

Environmental Health Officer

The Three Springs Aquatic Centre is Closed for the 2019/20 Season

Services currently limited, Essential Services only.

By Appointment only (until further notice)

99541 001 general@threesprings.wa.gov.au

The Shire of Three Springs would like to advise

that the following venues have been closed due to Covid-19



- Visitors Centre
- The Pavilion
- Three Springs Community Hall
- Eco Caravan Park
- Thrift Shop
- Old Nurses Headquarters
- Playgrounds
- Public Toilets (except Railway Road toilets where the Unisex/Disabled side is remain open.

The Three Springs-Arrino RSL



Wish to inform the community that due to the restrictions impacting public events the 2020 ANZAC Day ceremony has been cancelled. However, we encourage you to please stand at the end of your driveway at 10.30am for a minute's silence, to show solidarity to those who have served our country, past and present. The flags will be flown at the Memorial in Jack Thorpe Gardens, and a wreath will be laid by a member of the RSL. If you would like to lay a wreath, you may do so later in the day.

Please remember to maintain social distancing when you do so.

LEST WE FORGET

Ray Morgan



Community Calendar March/April 2020



| | | | | | | |
|---|--|-------------------------------------|--|----------------|--|----------------|
| 13/4/20 MON EASTER MONDAY | 14/4/20 TUES Yakabout Published Footy training CANCELLED until further notice | 15/4/20 WED Council E-Meeting | 16/4/20 Thurs Footy training CANCELLED until further notice | 17/04/20 Fri | 18/04/20 Sat TS Winter Sports TS v MI @ TS CANCELLED will be reassessed end of May | 19/04/20 Sun |
| 20/04/20 | 21/04/20 | 22/4/20 | 23/4/20 | 24/4/20 | 25/4/20 Anzac Day | 26/4/20 |
| 27/4/20 Public Holiday | 28/4/20 Yakabout Published | 29/4/20 | 30/4/20 | MAY 1st | MAY 2nd | MAY 3rd |



Non-Business

Yakabout Advertising Charges

Business

| | | | |
|---------------------|---------|---------------------|----------|
| Full Page B&W | \$30.00 | Full Page B&W | \$40.00 |
| Full Page Colour | \$80.00 | Full Page Colour | \$160.00 |
| Half Page B&W | \$15.00 | Half Page B/W | \$20.00 |
| Half Page Colour | \$40.00 | Half Page Colour | \$80.00 |
| Quarter Page B/W | \$8.00 | Quarter Page B/W | \$10.00 |
| Quarter Page Colour | \$40.00 | Quarter Page Colour | \$40.00 |

Attachments (copies provided \$8.00)

Adverts need to be in by noon the Friday before publishing on Monday

Yakabout@threesprings.wa.gov.au

Community Group Information

Churches

| | | | | |
|--------------------|--------------------------------|--------------------|--|---|
| Anglican / Uniting | Cancelled until further notice | See Church notices | Trinity Church Carter Street | Morris Van Buerle – 9954 5043 Peter Whale - 0427 541 080 |
| Catholic | Cancelled until further notice | 4pm | St Paul's Catholic Church Touche Street | Fr Brian Ahearn 9927 1451 0427 271 452 |

Community Groups

| | | | | |
|--|---|------------------------------------|---------------------|-------------------------------------|
| Community Action Group | 3rd Tuesday of the month | 4pm Cancelled until further notice | Council Chambers | 9954 1001 |
| Craft Group | Wednesdays | 9am–3pm \$1.00 | Old Nurses Quarters | |
| Friends of the North-Midlands Health Service | | | | Brenda Bowman 0427 511 339 |
| Historical Society | | | | Judy and Roy Mutter 0427 547 733 |
| Mingenew Painting Club | 1st Wednesday of the month (Mar–August) | Cancelled until further notice | | Terri Traylen-Witt 9954 1213 |
| North Midlands Agricultural Society | | | Carnamah | Angela Dring 044 927 800 |
| Returned Services League | | | | Ray Morgan 9954 1014 |
| RSL Women's Auxiliary | | | | Lorraine Morgan 9954 1014 |
| Tourists Information | CLOSED until further notice | 10am - 2pm | Visitors Centre | Cathy Reed 9954 7012 |
| | | | 9954 1590 | |
| Three Springs Lions Club | 2nd | | | Jon Addison 0428 541255 |

Emergency Services

| | | | | |
|------------------------|---|--|--|--------------------------------|
| St Johns Ambulance | | | | Merle Isbister 0428 511 030 |
| Volunteer Fire Brigade | Training twice a month out of fire season | | | Rod Ennor 0428 246 531 |

Youth

| | | | | |
|----------------------------------|--------------------------------|--|--|---|
| Coderdojo | Carnamah | | | Richelle Essers 0428 921 464 |
| Playgroup | CANCELLED Until Further Notice | | | Lauren Cruickshank 0429 620 201 |
| Three Springs Parents & Citizens | | | | President: Nadine Eva 0427 541 014 Catering Stacey Pajich 0476 659 612 |

Community Group Information

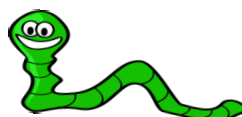
Sporting Groups

| | | | | |
|-----------------|---|--|--|-----------------------------------|
| Basketball | | | Coorow-Carnamah | Bruce Chisholm 0428 591 318 |
| Bowls | Saturday - Pennants Sundays - Club events | | Three Springs Sporting Club | Bill McGree 0459 057 580 |
| Cricket | TBC | | | |
| Badminton | CANCELLED UNTIL FURTHER NOTICE | 6pm—8pm | Three Springs Com- munity Hall | Phil Berry 0432 758 770 |
| Golf | Friday - Scroungers Saturday - Pennants Sunday - Club Day | Scroungers - 3pm | Three Springs Golf Club | David Mutter 0427 547 035 |
| Football | | | Three Springs Sport- ing Complex Pavilion | Jimmy Heal 0429 165 235 |
| Netball | | | Three Springs Sport- ing Complex Pavilion | |
| Hockey | | | Three Springs Sport- ing Complex Pavilion | |
| Indoor Bowls | CANCELLED UNTIL FURTHER NOTICE | 9am - 12pm | Three Springs Community Hall | Adele Metsemakers 0458 090 839 |
| Rifle Club | Sundays | | | Chris Connaughton 0427 547 007 |
| Sporting Clay | Summer - Saturdays | | | Gary Turley 0428 888 075 |
| Target Shooting | Winter - Sundays | | | |
| Squash | | | | Bill McGree 0459 057 580 |
| Tennis | Mondays | 6pm Social member: \$5 12 mths Casual \$10 | Three Springs Sports Club | Camille Stokes 0401 526 886 |
| Yoga | CANCELLED UNTIL FURTHER NOTICE | 2 - 3.30pm | Red Room Three Springs Community Hall | Lorraine Morgan 99541014 |

SHREDDED PAPER

Available at : **The Shire of Three Springs**

Great for worm farms, Compost heap, chooks and Garden Mulch



1800 CALL A DOC Now Available 24/7 in Three Springs

1800 CALL A DOC Now Available 24/7 in Three Springs

Residents of Three Springs, Carnamah and Coorow will now be able to 1800 Call A Doc for their primary health care needs.

This 24/7 service will enable local residents to make a doctors' appointment with an experienced, Australia-based HealthNow Doctor.

Call A Doc is a free telehealth service that provides diagnosis, prescriptions, referrals, care and treatment for a wide range of conditions where you would usually visit your regular doctor. The Health- Now Doctor can also prescribe certain medications and provide specialist referrals where appropriate.

While the Shires recruit a new GP for the area, the Call A Doc service has been activated to provide health care to local residents. This service will initially run from Friday 10 April to Monday 8 June 2020, and residents are encouraged to make use of this health service while a permanent GP is recruited.

Call A Doc is a HealthNow service made possible by Telstra Health. Telstra Health was formed in 2013 with the belief that technology can create a better connected healthcare system and make healthcare easier for patients and providers, especially for rural Australians. In July 2014 they launched HealthNow, Australia's first purpose built telemedicine centre, hiring experienced Australian-based doctors to make personalised care more accessible, at lower cost, to deliver better health outcomes.

With the support of WA Department of Health, WA Primary Health Alliance and WA Country Health

Service, Call A Doc provides essential after hours and 24/7 health care to WA's Great Southern, Wheat-belt, South West, Midwest and Goldfields regions.

More information regarding the Call A Doc service is available at www.1800calladoc.com.au.

FREE FLU VACCINE - OVER 65's

Are you, or somebody you know over 65 years old? You are eligible for a free influenza vaccine. These are available at the hospital. Please call 9954 3200 to book your appointment.

Why social distancing matters

Social distancing of 1.5 metres decreases the exposure of coronavirus (COVID-19).

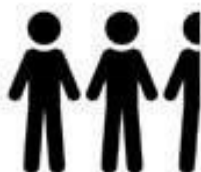
Now



1 Person

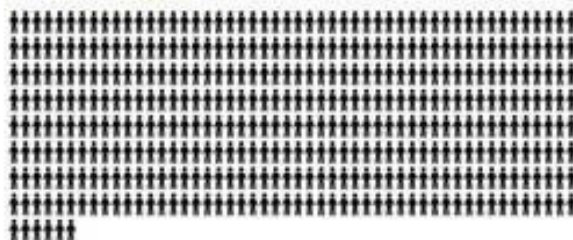
Infects

5 Days



2.5 People infected

30 Days



406 People infected

50% less exposure



1 Person

Infects

5 Days



1.25 People infected

30 Days



15 People infected

75% less exposure



1 Person

Infects

5 Days



.625 People infected

30 Days



2.5 People infected



Australian Government



Astrotourism WA Behind the Scene

As many of you are aware, to do our part in protecting our communities during this time and minimise the spread of Coronavirus, we have postponed the Astrotourism WA stargazing events in the Shires of Carnamah, Chittering, Coorow, Dandaragan, Mingenew, Morawa, Northam and Three Springs have been postponed.

On a positive note, please know that the events will be rescheduled later this year. Our communities in the Wheatbelt and Mid West are resilient and will come through a very tough time. There have been many positive community and economic benefits for the regions over the past 2 years and we'll keep building the future for Astrotourism. The night sky is going to be more important than ever after the crisis is over and the economy starts turning around. Astrotourism could be one of your local initiatives that helps get regional tourism back on track.

The great thing about stargazing is that, you can do it from your own backyard. We're lucky in country WA. Our night sky is world-class. There are billions of people around the world who can't see the Milky Way anymore. Some don't even see one star at night! Keep an eye out for the new dates and we'll see you out under the stars soon.

Stay safe, healthy and keep looking up at our amazing night sky. For more information please contact Carol Redford on 0427 554 035 or stars@astrotourismwa.com.au.

UPCOMING EVENTS

As you probably expect, the remaining Astrotourism stargazing events have been postponed. We're playing our part to minimise social gatherings that might spread the Coronavirus. The events will be re-scheduled for later this year. Keep an eye out for the new date and we'll see you out under the stars soon.

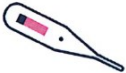









FUN FACT

Kind regards,
Donna

[Where are WA's Astrotourism Towns?](#)

COVID-19: IDENTIFYING THE SYMPTOMS

Coronavirus
(COVID-19)

| SYMPTOMS | | COVID-19 | COLD | FLU |
|-----------------------------|---|------------------------------------|---------------------------|------------------------------------|
| | | Symptoms range from mild to severe | Gradual onset of symptoms | Abrupt onset of symptoms |
| Fever |  | Common | Rare | Common |
| Cough |  | Common | Common | Common |
| Sore Throat |  | Sometimes | Common | Common |
| Shortness of Breath |  | Sometimes | No | No |
| Fatigue |  | Sometimes | Sometimes | Common |
| Aches & Pains |  | Sometimes | No | Common |
| Headaches |  | Sometimes | Common | Common |
| Runny or Stuffy Nose |  | Sometimes | Common | Sometimes |
| Diarrhea |  | Rare | No | Sometimes, especially for children |
| Sneezing |  | No | Common | No |

Adapted from material produced by WHO, Centers for Disease Control and Prevention.



**TOGETHER WE CAN HELP STOP
THE SPREAD AND STAY HEALTHY.**

For more information about
Coronavirus (COVID-19) visit [health.gov.au](https://www.health.gov.au)



Australian Government



Department of Transport (DOT)

With effect from **1 April 2020**, the new Licensing hours shall be:

- Licensing hours: **Tuesday – Thursday 9:00am to 3:00pm**
- Theory Test hours: **Tuesday – Thursday 9:00am to 2:45pm**

Admin Office Hours still remain 8am – 4pm Monday to Friday.

KEITH WOODWARD
CHIEF EXECUTIVE OFFICER

3 March 2020



Department of Transport (DOT)
Services by appointment only 9954 1001



IN MOORE WITH LOVE

27 March 2020


The **Corona Virus** (COVID-19) pandemic has given rise to an unprecedented situation that is unfolding rapidly. We need everyone to take government warnings seriously. Please avoid all non-essential travel and stay home and follow Government guidelines. Visit : https://healthywa.wa.gov.au/Articles/A_E/Coronavirus for the latest advice and news. If you are out of work and need Jobseeker help, call 132850. If you are a small business and need assistance, call 133140 or visit: <https://treasury.gov.au/coronavirus> or <https://www.smallbusiness.wa.gov.au/coronavirus>

In recent weeks, The Nationals WA have worked hard, both in parliament and via direct communication to the Premier, to highlight the unique challenges this pandemic poses for small regional communities. With limited medical services and limited supplies in supermarkets and pharmacies, our regional communities are vulnerable. The government have introduced travel restrictions on non-essential travel between WA regions from midnight on 31 March. Exemptions include travel to work, to medical appointments, transport of goods, compassionate grounds and those living near to regional boundaries. **For COVID related questions call 1326843.** A state government directive ordering the immediate closure of all retailers selling guns and ammunition on 27 March has subsequently been amended following representation by The Nationals WA. Retailers who carry on a mixed business such as hardware with some ammunition sales can now continue trading so long as they close their guns and ammunition section. Please consider the needs of the elderly and more vulnerable in your community and look out for others. Contact my office with queries on Tel: 99 272333 or Email: MooreElectorate@mp.wa.gov.au **#PleaseStayHome** and take care.

It was a great honour to be elected as **Deputy Leader of The Nationals WA** on 10 March and I look forward to serving with Leader, Mia Davies and the Nationals team with a key focus of giving voice to regional people. First and foremost, we will be fighting to restore the integrity of the Royalties for Regions program.

My Nationals colleagues and I do not for one moment support **puppy farming**, but briefings with groups representing owners of livestock working dogs and representatives from DogsWest have reinforced gaping holes in Labor's *Dog Amendment (Stop Puppy Farming) Bill 2020* legislation. Consultation with companion and working dog interest groups has been disregarded in drafting the legislation. Realising the administrative burden, the WA Local Government Association state council has requested that the Local Government Minister withdraw the puppy farming bill or remove any reference to Local Government. This is yet another example of ratepayers footing the bill for a state government initiative. On 19 March in Parliament I proposed a number of amendments that will minimise the impact of the Bill, if it passes, on owners of farm working dogs and breeders who are members of DogsWest.

Shane Love MLA Member for Moore
THE NATIONALS *for Regional WA*

T: 08 9927 2333
E: MooreElectorate@mp.wa.gov.au
 Shane Love MLA
www.shanelove.com.au



Hon Martin Aldridge MLC

Member for the Agricultural Region

MEDIA RELEASE

April 9, 2020

Regional travel restrictions require further clarification

The Nationals WA have raised concerns with the State Government regarding recently introduced intrastate travel restrictions aimed at slowing the spread of COVID-19.

Leader Mia Davies said despite the publication of the *Prohibition on Regional Travel Directions* last week, several grey areas had emerged which required clarification.

"While we welcome regional travel restrictions to slow the spread of COVID-19 in WA, our offices are experiencing a high volume of calls from regional residents who are seeking guidance for their circumstances," Ms Davies said.

"The State Government has asked West Australians to be patient while they deliver clearer guidance - including exemption application forms and FAQs - but we think these processes should have been in place prior to the travel restrictions coming into effect."

Ms Davies said areas requiring clarification included:

- Arrangement for border communities to access goods and services;
- The ability for families to support elderly or vulnerable family members across regional boundaries;
- The number of people permitted to travel in vehicles, including when car-pooling to a work-site; and
- The ability for immediate family members to accompany people with exemptions;

Member for the Agricultural Region, Martin Aldridge MLC, said the State Government's lack of detail was contributing to uncertainty and anxiety in regional communities.

"Many regional residents who have compelling reasons to travel are still seeking clarification on how to interpret the State Government's directions, and risk fines of up to \$50,000 for individuals or \$250,000 for businesses if they get it wrong," Mr Aldridge said.

"Regional West Australians are keen to do the right thing, we just need to know what the right thing is," he said.

"I welcome the announcement of the COVID hotline - something we called for early on - but there are still grey areas that could be better addressed.

Mr Aldridge said he was also concerned about reports of police preventing movement within regional boundaries.

"Local residents have told my office they have been stopped by police and refused passage, despite not crossing any regional borders."

Mr Aldridge called for the State Government to publish supplementary advice and guidance material to ensure West Australians had greater clarity about the restrictions.

-ends-



Postal Address
PO Box 255
Bindoon WA 6502

Parliamentary Electorate Office
21 Binda Place, Bindoon WA 6502
Ph: (08) 9576 0141
Fax: (08) 9576 0488
Freecall: 1800 336 905

Connect
martin.aldridge@mp.wa.gov.au
www.martinaldridge.com.au
@MartyAldridgeMP
facebook.com/HonMartinAldridgeMP

THE NATIONALS for Regional WA

Church Notices

Anglican/Uniting Church. Parish of North Midlands.

Trinity Church, Carter St, Three Springs

Sadly, as from 22 March 2020, all churches were closed.

Parishes may not hold outdoor gatherings, either.

*Funerals can be held with no more than 10 people in attendance:
the social/physical distancing rules apply.*

Weddings are limited to 5 people only: the required hygiene and social/physical distancing rules are to be followed.

*We will let you know what form of worship could be undertaken as it evolves.
There is a Bible Study group.*

Contacts: Diana Van Buerle 9954 5043 Hendrik Greyling 0497 224 00

In the towns of Three Springs, Carnamah, Coorow you can tune in to **88.0 FM Vision Christian Radio**



Police News

By the time this edition of Yakabout goes to print the Easter Long Weekend would be coming to an end and we would be within the school holiday period and moving towards Anzac Day. I know this time of the year traditionally a large percentage of the Three Springs community pack up the family and head towards the coast or overseas. This is sadly not the case for now and who knows for how long.

With the Covid-19 travel restrictions and social distancing guidelines I would expect that we will all do the right thing and comply. It is important to note there has been a national response to this crisis and that each state of Australia has similar travel restrictions but there are some critical differences between the states.

If you are unsure of what you can and can't do please review the WA State Government website and get the latest of information. If you are still unsure feel free to give me a call at Three Springs Police Station.

With the school holidays and a number of Public Holidays coming up Three Springs Police and our Policing Hub Partners will be out in force. Double Demerits will apply for a number of traffic offences over the Easter and Anzac Day Long Weekends.

Last week a 21 year old female from Chidlow was intercepted by Three Springs Police speeding through Arrino. Police will allege the female was driving at 153kmph in a 110kmph speed zone. This example of irresponsible driving has cost her a \$1200 infringement, seven demerit points and she is lucky to retain her licence and not have her car impounded.

You would have noted that Police on the Eastern Coast of Australia have been issuing infringements and even arresting some people for breaches of the Covid-19 travel restrictions and social distancing guidelines. There have been a handful of infringements issued in Western Australia and even some in the Mid-West Gascoyne. This is something we do not want to do here in Three Springs and we will aim to educate people where we can but if you do not comply and continue not to comply you will get an infringement. There are far better things to do with a \$1000 for an individual or \$5000 for a business than to give it to the government so please do the right thing.

In my last article I thanked the girls at Three Springs IGA for seeing us through the first few weeks of the Covid -19 crisis. Again, I thank them for their continued efforts and I would also like to acknowledge Glen at the Three Springs Butchers. We are very fortunate to have clearly the best butcher in the Mid-West Gascoyne in our community. He has gone above and beyond to continue to provide top quality, tasty products when other butchers are battling to secure stock. Cheers Glen.

Stay Safe

Sgt Vance DAVISON

Officer in Charge of Three Springs Police Station





media statement

Time of issue: 12:21 PM
Date of issue: 31 March 2020

New restricted burning periods in place for April

Land owners in the southern half of the State who plan to burn on their properties in April will need to obtain a permit from their Local Government.

As of tomorrow, 1 April 2020, new Restricted Burning Times will come into effect for all 129 Local Governments from the Midwest Gascoyne through to the Great Southern.

The new timeframe extends through to 30 April 2020.

Residents in Local Government areas that planned to cease their Prohibited Burning Time on 30 April 2020 are unaffected by the changes.

Fire and Emergency Services Commissioner Darren Klemm AFSM said in these uncertain times the new timeframe would help reduce the potential of out of control burns for volunteer firefighters.

"We are still in the grips of an active bushfire season, and this risk is not likely to ease for a number of weeks," Commissioner Klemm said.

"Over the past two years fire crews have faced significant bushfires across southern WA at this time of year, many of which were caused by private burns that got out of control."

Commissioner Klemm said by obtaining a permit, and therefore registering burning intentions with Local Government, land owners would be helping their communities easily and quickly identify fire activities in their area.

"These restrictions mean Local Governments can ensure land owners who need to undertake burns, such as those in the agricultural sector for primary production purposes, can continue to do so while not putting unnecessary pressure on our firefighters," he said.

Dependent on the circumstances of the offence, land owners who undertake burning without the required permit can face fines of up to \$10,000.

For more information about obtaining a permit, contact your Local Government.

Media Contact: DFES Media and Corporate Communications 9395 9543

W.A. Travel Restrictions Covid-19 (Midwest)

WA travel restrictions came into place midnight

Tuesday 31/03/20

The Mid West is made up of 17 local government authorities:

Western Australians will not be permitted to leave their regional boundary. Police have the power to enforce these restrictions if necessary, and fines of up to \$50,000 can be issued. Exemptions will apply in circumstances including employment purposes; medical or veterinary reasons; delivery of essential services including health or emergency services; people living across regional boundaries, who may not have access to groceries or supplies immediately within their region; transport of goods; compassionate grounds; a family member has primary care responsibilities; for school, TAFE or tertiary study reasons; to escape domestic violence or due to an emergency.

Additional restrictions to remote Aboriginal communities were announced by the Aboriginal Affairs Minister, to provide extra protection to these vulnerable communities .



Monitoring Diamondback moth to prevent crop damage

Early rains have brought about the establishment of Brassica plants (pictured), such as radish and canola, which are common hosts of Diamondback Moth (DBm). West Midlands Group mixed farming systems officer, Brianna Hindle, recently spent a few days driving around the countryside identifying areas that may be prone to Diamondback moth (DBm). Brianna placed 40 traps between Eneabba, Coorow, Calingiri, Lancelin, Jurien Bay to begin monitoring the presence of this crop-destroying insect.

Plants were identified along the roadside, then the trap was setup at the and placed. The Brassica was visually inspected for any signs of DBm larvae. A sample of plant was taken from all sites, with each trap site located between 20 to 30km apart.

Sites were marked on the MyPestGuide Reporter app, along with photos taken of the site and Brassica plants present. While there was evidence of DBm activity on many plants in the form of leaf damage, Brianna discovered no larvae at any sites. The traps will be collected in a month, and samples of DBm presence on the traps will be sent to DPIRD for analysis. This work was done as part of a project responsible for surveillance throughout the five WA port zones to determine whether Brassica hosts are providing a DBm reservoir bridging between growing seasons. The outcome of this work will lead to growers and advisors being better prepared to implement timely pest management strategies and delay insecticide resistance.

This collaborative project is coordinated by the Department of Primary Industries and Regional Development and funded by the Grains Research and Development Corporation.



DBm Fast Facts

Diamondback moth (DBm) can be a serious pest of canola and is found in all grain-growing regions DBm outbreaks have become more frequent and severe in some regions, particularly in seasons with mild winters. Resistance to commonly used insecticides is a major concern. Use thresholds to guide spray decisions and rotate insecticide groups between years. High-risk situations may require two sprays applied within seven days to control DBm. Spray application withholding periods before harvest or windrowing are the same, and must be observed. Report any DBM activity on the DPIRD app, MyPestGuide Reporter to aid in the control of this pest.



Free baits available to farmers in Midlands region

The Midlands Biosecurity Group Licensed Pest Management Technicians (LPMTs) are still active in the area and will continue to work with farmers assisting them with their pest control strategies.

Fresh meat baits are also still being made using meat donations from numerous farmers in the region. Given the current COVID-19 restrictions, community bait rack days have been postponed for the time being, however the LPMTs are still able to work individually with farmers to produce meat baits where necessary. If you have requested baits, the LPMTs are working their way around to the various properties to deliver baits as they are available. If you would like baits, please get in touch with the MBG and we will put your request on the list. If you don't have a Restricted Chemical Permit in place, get in contact and we can help you through the process and submit on your behalf.

The MBG Board of Management has requested a Declared Pest Rate (DPR) be implemented in 2020/21. All funds raised by the MBG must be spent within the seven MBG Shires and will be spent on fox, dog, pig and rabbit control. This funding will allow the continuation of baiting programs throughout the region, supported by our LPMTs.

The DPR has been requested to be implemented on free hold land over 100ha throughout the seven shires of the MBG region on an ad valorem basis and will be a minimum of \$100. These landholder rates are then matched 1:1 by the State Government and must be spent on control activities in the Midlands region only. Activities funded through this process will be to support the landholders with their requirements to control declared pests on their properties. There are a number of useful resources on the MBG website regarding the DPR including frequently asked questions and information about the role of Recognised Biosecurity Groups.

You can stay up to date with the MBG's activities and opportunities for landholders by becoming a member or if you are not farming, subscribing to our newsletter.

Membership is free and will give you access to the MBG's monthly e-newsletter and helps us to keep you informed of the activities of the group. The newsletter features information relevant to local landholders, as well as the latest in feral pest research.

Sign up via our new website www.mbg.org.au or get in touch by contacting eo@mbg.org.au.

MBG Contact Information: Coordinator - Chris O'Callaghan. Ph: 0429446515

LPMT Moora, Dandaragan, Coorow - Andrew Walker. Ph: 0409 441 069

LMPT Carnamah, Three Springs, Mingenew, Irwin - Paul Pitaro. Ph: 0438 337 642

LPMT Gingin, Victoria Plains, Chittering - Andy Lockey. Ph: 0459 200 004

[ENDS]

Photo caption: Midlands Biosecurity Group LPMT, Paul Pitaro, making baits at a recent bait rack day using meat donated by local farmers.





Things you can do to help keep yourself mentally well when you are in isolation

- * **Exercise** - you can still exercise when you're indoors. YouTube has great free workouts you can do anywhere at any time.
- * **Set up games online** with family or friends through social media or the internet.
- * Try some **mindfulness meditation** - you can access apps through your mobile app store.
- * **Research, read and learn** - learn something new like a new language or try an online course.
- * It can also be helpful to try to keep some sense or normality by **forming a daily routine**.

Where to get mental health support

beyondblue 1300 224 636

Lifeline 13 11 14

MindSpot Clinic 1800 61 44 34

Kids Helpline 1800 55 1800

For alcohol and drug support

Alcohol and Drug Support Line

(08) 9442 5000

Country Toll-free: 1800 198 024

Parent and Family Drug Support Line

(08) 9442 5050

Country Toll-Free: 1800 653 203

For more information visit thinkmentalhealthwa.com.au

Important news regarding our services

DESERT BLUE CONNECT

As most people know by now COVID-19 is causing disruptions to normal life across the

planet unfortunately, we are not immune in Geraldton. Desert Blue Connect are following the measures and restrictions provided by the government. At the moment we will stay open to provide essential services to people throughout this crisis. Family violence does not stop in the face of a pandemic, with research showing that it may worsen for victims due to

isolation and being forced to stay in close quarters for a long period of time with the abuser.

As of today, we are still available for face to face services with precautions and screening in place to protect staff and clients. This service will continue for as long as the government measures and restrictions allow. We understand that clients may wish to stay home and keep away from other people and crowds. If clients do not wish to use face to face services at Desert Blue Connect, we have phone or videoconferencing sessions available for

the following services:-

- * Our adult counselling which includes services for sexual assault, family violence, women's health and rural support - (rural support is available for people in the shires of Mingenew, Morawa, Three Springs, Carnamah, Coorow, Perenjori and Yalgoo).

- * Family violence support, information, referrals and case management – this is if you need help in an immediate family violence situation, you feel unsafe or just want information around family violence.

- * The men's intervention services; these are provided at our men's services office at 98a Chapman Road, up near Hungry Jacks. If you are at all unsure about what services are available, please phone to speak to one of our staff. We would also appreciate it if you phone us on 9964 2742 to make a booking rather than coming in to make a booking.

Given that the need for safe housing does not go away in a crisis, Chrysalis House Women's Refuge will be operating as per usual, but with additional safety precautions and screening to ensure the well-being and health of our clients and staff. Please phone before proceeding to the refuge on 9964 2173. Your safety is our priority.

We also have resources available for parents who wish to continue their children's learning in protective behaviours and resilience education. We have had to put our on-site sessions on-hold for the time being. These resources can be found on our website at

<https://www.desertblueconnect.org.au/educational-resources/>

Webinars on a variety of topics will be available throughout this period of changed service delivery from the Community Initiatives team and will be accessible via our Facebook pages, Women's Health Program Desert Blue Connect and the main Desert Blue Connect page. Please like and follow these pages for the most current updates.

We currently face a lot of uncertainty with many services having to change how they deliver programs on a daily basis. We appreciate your understanding and patience while we transition to a new way of working. For the time being, we will ensure to make our service delivery more effective and efficient, to develop new programs, and to look to the future of how Desert Blue Connect can adapt, not break, in times of change. We will always be here for you, in one way or another. Stay safe and stay well.

Everyone at Desert Blue Connect



Consumer Watch

Consumer Protection 50-52 Durlacher Street, Geraldton 6530

Tel: (08) 9920 9800 Fax: (08) 9964 5678

Email: Danni.Bloomfield@dmirs.wa.gov.au

Avoid lithium battery fires during lock-down

Life in lockdown during COVID-19 coronavirus might seem like the perfect opportunity to spend more time working from home, tackling a DIY project, or sprucing up the garden, but it's vital to ensure the equipment you're using is safe and fit for purpose.

There's a good chance some of this equipment – like whipper snippers, drills, mobile-phones and computers – contains lithium-ion batteries, which can cause fires when damaged or used incorrectly. In fact, lithium-ion batteries have so far caused 11 fires this financial year, up from a total of seven in 2018/19.

Because many of these rechargeable devices are charged in areas such as garages, sheds and patios that typically aren't fitted with smoke alarms, a resulting fire might go undetected for some time and thus cause significant damage.

Given the use of lithium-powered devices is expected to soar as more people stay at home, our colleagues at Building and Energy have teamed-up with the Department of Fire & Emergency Services to warn everyone to take a few simple steps to protect their homes and themselves from potential harm.

They're reminding us to never use batteries showing signs of swelling, overheating or damage, and to avoid over-charging batteries by removing them from the charger as soon as they're ready.

The charger and battery must be correctly matched electrically and comply with Australian standards, so they say it is vital to only use the charging equipment supplied with the device or purchased from a reputable retailer.

All battery chargers are required to undergo rigorous testing to meet Australian standards so you should also be cautious about purchasing any electrical equipment from overseas.

They also recommend consumers look for a regulatory compliance mark, such as a tick inside a triangle, or go to ees.gov.au to check whether the charger is approved for use in Australia.



Consumer Watch

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Email: Danni.Bloomfield@dmirs.wa.gov.au

Stay alert to COVID-19 scams

There's nothing scammers love more than fear and anxiety, and the COVID-19 coronavirus pandemic has created the perfect breeding ground for them to cash-in on these uncertain times.

We have already received reports of WA consumers receiving SMS messages urging them to click on fake links to reveal COVID-19 testing locations that will steal their personal or banking information, while other scammers are attempting to exploit the economic stimulus payments via bogus emails or phone calls asking for personal details to process the payments.

Consumers must remain on their guard, as a plethora of COVID-19 related scams circulating overseas are soon likely to land on our shores.

People might see online advertisements for bogus cleaning products, hand sanitisers and other items in high demand, as well as those for vaccines, pills, potions or other medication that falsely claim to cure COVID-19.

Other overseas scams involve web links to fake charities and fraudulent websites, attempting to solicit donations for relief efforts or deliver malicious software that will access the victim's bank or personal details.

Scammers are also hitting the phones, pretending to be health officials who need payment to treat a sick relative, or sending text messages impersonating government agencies with links that install malware.

Consumers should be wary of phishing emails pretending to be from health authorities, or legitimate companies, by using similar looking websites or email addresses. These emails often contain malicious links and attachments that offer to provide you with information on how to protect yourself from COVID-19.

We anticipate COVID-19 related scams will continue growing and adapting through the current crisis and so we have published a new web-link on our WA ScamNet site that will be continually updated to reflect this.

Visit www.scamnet.wa.gov.au and click on the 'COVID-19 coronavirus scams' section for more information and how to protect yourself, and please call us to report any new scams you may encounter: 1300 30 40 54, or email: consumer@dmirs.wa.gov.au

Consumers should head to official government sites for the latest reliable and trustworthy COVID-19 related information:

WA Government: www.wa.gov.au

WA Department of Health: www.healthywa.wa.gov.au

Australian Government Department of Health: www.health.gov.au

How to register DOT (Department of Transport)



Go to www.transport.wa.gov.au/dotdirect



Select the 'Register' button

You will need either: Your Driver's Licence and

- A DoTDirect registration code. If you don't have a registration code, one can be requested during the registration process and mailed to you. This may take up to five days to be received.
- Alternatively you can call 13 11 56 for further assistance in creating an account.
- Thank you for working with us during this time.

Coronavirus COVID-19



Coronavirus
COVID-19
Public Health
Advice

Social Distancing Outside

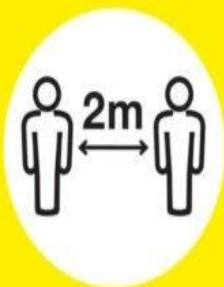
Spending time outdoors is good for our health.

**But social responsibility is essential for
ALL our health.**



Avoid

close contact
with others



Distance

yourself at least
2 metres (6 feet) away
from other people



Small group

sizes should be kept
to a minimum



Midwest Sexual Assault Crisis Line

1800 016 789

**Desert Blue
Connect**

**Crisis support and advocacy
available 24/7**

DONGARA



GET THE POWER OF AUSTRALIA'S BIGGEST INDEPENDENT

DONGARA TYREPOWER. 44 MORETON TERRACE. PH 99271177. Email dongara@tyrepower.com.au

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A/H GAVIN 0407 282 310

GRANT 0427 987 427

380 King St Eneabba WA 6518

Veterinary Services In Three Springs 2020

Dongara Veterinary Hospital visits on the 2nd Tuesday of every month.

(or dates as advertised)

12th May, 9th June, 14th July, 11th August, 8th September, 13th October,

10th November & 8th December 2020

External Clinics suspended until further notice

Venue: Community Hall – End Closest To Shire Offices

(Large animal visits can be arranged)

For Appointments Telephone: 99271329

(24 hour emergency service available A/H 0428 966 163)



Dongara Veterinary Hospital

SPORT

I think we would all now be aware that football in Western Australia has been postponed until the 31st of May 2020. We are told as that date draws closer the situation with Covid-19 will be re-assessed and then a decision will be made about the future of the competition. This means the Mighty Three Springs Bombers cannot play, train or have functions and our

premiership campaign is on hold until that date.

I think it's important to acknowledge the super efforts of the playing group and the committee over the summer period. The committee had built a solid foundation for the club and the

playing group had worked hard on increasing their skill and fitness levels. There were also

obvious signs within the group that they were growing together developing a strong, positive culture which will continue when we return to football whenever that may be.

Moving forward for the players, no matter what restrictions are put in place try and find a way to maintain that fitness and skill level you have developed over the past few weeks. Be

creative and maybe even look online for some inspiration. Fitness is one of those areas that it can take a long time and a lot of hard work to build but can disappear very quickly. Who knows we may be back in June for a reduced season.

If you make the effort now to maintain and even increase your fitness you will be ready to go and we could still be premiership bound in 2020. If the season doesn't go ahead you have still made some positive life choices, be far healthier and better for it.

To maintain the levels of communication I will continue with the Bombers Footy news and player profiles over the break.

Stay Safe

Vance Davison

Bombers Coach



SPORT

We are now a couple of weeks into our Covid-19 enforced break from footy. We were originally fixtured to play our arch rivals in the Mingenew Bulldogs at Three Springs Oval this Saturday.

There is something unique and special about a close town footy rivalry and we certainly have that with Mingenew. After you cross that white line and the ball bounces you know it is on. Someone you work with, someone you went to school with or even a neighbour, it doesn't matter. Both teams going as hard at each other as possible, getting battered and bruised and then finishing the game with a hand shake and sharing a beer or soft drink in the club rooms.

I can't tell you how much the players, committee and I were looking forward to playing Mingenew at home for our first game in 2020. That game won't happen just yet so I will leave it up to your imagination what the result would have been.

For the players, keep doing what you can where and when you can within the social distancing guidelines. We may be back in a few weeks or a few months no one knows just yet. You can't build fitness overnight and every little bit you do now will put you in a good better position for when we return.

To maintain the levels of communication I will continue with the Bombers Footy news and player profiles over the break. If you get a chance take a look at this fortnights profile in Phil "Silky" McIntosh.

Go the Bombers

Vance Davison

Bombers Coach



SPORT



Get to know your Three Springs Bomber

Name: Phillip Stanley McIntosh

Nick Name: Silky

Age: 32

Place of Birth: Kellerberrin

Where did you go to school: Kellerberrin

What do you do for a job: Meedac

Marital Status: Girlfriend Elaine

What AFL Team do you support: Melbourne Demons

What is your favourite TV Series: Friends

What is your favourite food: Chicken Carbonara

What is your favourite band or singer: Yothu Yindi

What do you enjoy doing in your spare time: Kicking the footy

What don't you leave home without: A football

What do you like most about the Three Springs Football Club: The people

If you could have dinner with any three persons on the planet who would they be:

1. Shane Woewodin
2. Chris Tucker
3. Stone Cold Steve Austin

If you were stranded on a deserted Island and you could take three things with you, what would they be:

1. A football
2. Emu Export
3. Smokes

What is one thing that people don't know about you:

I have a bit of a temper

